

**STATE OF NEVADA
AGING AND DISABILITY SERVICES DIVISION**

**SERVICE SPECIFICATIONS
EVIDENCED-BASED PROGRAMS**

Any exception to these Service Specifications must be requested in writing and approved by the Deputy Administrator of the Aging and Disability Services Division.

PURPOSE:

To promote quality of service, the Aging and Disability Services Division (ADSD) has established service specifications that contain general guidelines. The service specifications that each grantee must follow consist of GENERAL REQUIREMENTS and PROGRAM SPECIFIC REQUIREMENTS established for each type of funded service.

SERVICE DEFINITION:

Evidence-based health promotion and disease prevention programs are interventions that educate participants about their health conditions, how to manage them, and/or ways to adopt healthy behaviors to enhance their overall quality of life. These evidence-based programs provide education and tools which empower older adults to manage their health, thereby reducing health care utilization and costs associated with their health condition.

The Administration on Aging (AoA) and Older Americans Act (OAA) Title III-D set the criteria and authorize funding for evidence-based health promotion and disease prevention programs. AoA uses a graduated or tiered set of criteria for defining evidence-based interventions implemented through the Act: highest-level, intermediate-level, and minimal-level criteria. As of October 1, 2016, all evidenced-based, OAA Title III-D funded health promotion programs, must meet the highest level of evidenced-based criteria, per the description below.

See also Appendix A, for links to helpful resources and a list with descriptions of Evidenced-Based Programs that qualify for funding under OAA Title III-D.

Highest-Level Criteria

- Proven effective with older adult population, using Experimental or Quasi-Experimental Design; and
- Full translation has occurred in one or more community sites; and

- Dissemination products have been developed and are available to the public; and
- Meet the minimal and intermediate criteria listed below.

Intermediate-Level Criteria

- Published in a peer-review journal; and
- Proven effective with older adult population, using some form of a control condition (e.g., pre-post study, case control design, etc.); and
- Some basis in translation for implementation by community-level organizations; and
- Meet the minimal criteria listed below.

Minimal-Level Criteria

- Demonstrated through evaluation to be effective for improving the health and wellbeing of, or reducing disease, disability and/or injury among, older adults; and
- Ready for translation, implementation and/or broad dissemination by community-based organizations using appropriately credentialed practitioners.

SERVICE CATEGORIES AND UNIT MEASURES:

The following service category and unit measures must be used to document the amount of service provided.

A reporting template will be provided by ADSD based on the type of evidence-based program funded.

One unit of service equals one successful completer of the workshop series, in accordance with evidenced-based fidelity requirements.

GENERAL REQUIREMENTS:

- Cooperate with third-party, periodic evaluation to ensure that the grantee is delivering the program with fidelity to the evidenced-based protocols and requirements.

SERVICE SPECIFICATIONS:

1. Deliver service in strict accordance with the evidenced-based program's fidelity requirements and protocols.
2. Maintain detailed records of program delivery dates, leaders and participants, using a sign-in list, to help support units of service reported to ADSD.

APPENDIX A ADDITIONAL INFORMATION AND RESOURCES

- Highest-Tier Evidence-Based Health Promotion and Disease Prevention Programs: <http://www.ncoa.org/improve-health/center-for-healthy-aging/content-library/Title-IIID-Highest-Tier-Evidence-FINAL.pdf>
- Administration for Community Living's Administration on Aging – Older Americans Act, Title III-D Services information, training and additional resources: http://www.aoa.acl.gov/AoA_Programs/HPW/Title_IIID/index.aspx
- National Council on Aging, Center for Health Aging: <http://www.ncoa.org/improve-health/center-for-healthy-aging/>
- Tip Sheet for Engaging People with Disabilities in Evidence-Based Programs: http://www.ncoa.org/assets/files/pdf/Disabilities-Tip-Sheet_Final061915.pdf